



# INTERNATIONAL ISLAMIC UNIVERSITY, ISLAMABAD

## 1<sup>ST</sup> INTERNATIONAL CONFERENCE ON MENTAL HEALTH

### 29<sup>TH</sup> & 30<sup>TH</sup> MARCH 2012

Phone: +92-51-9019790, 9019338, 9257909; Fax: +92-51-9258004



#### Conference Theme

#### **First International Conference on Mental Health (29<sup>th</sup> & 30<sup>th</sup> March 2012)**

#### **“Violence, Psychological Trauma, and possible acute and Post-traumatic interventions in general and particularly in Pakistani Society”**

There is an alarming increase in the prevalence of mental illness due to a persistent wave of violence, political turmoil and frequent changes in the social fabric worldwide. A range of psychiatric disorders such as depression, substance and alcohol use disorder, schizophrenia, bipolar disorder, post-traumatic stress disorder and suicides committed have been reported every year in both developed and developing countries.

Pakistan, one of the developing countries and the 9th most populous country in the world, has been experiencing mental health problems since its inception. However, in the last few decades mental illness has reached to an appalling situation due to devastating calamities like current violence in Pakistani society, suicides and deliberate self harm and disruption in the social structure.

So keeping in mind the current mental health problems in Pakistan, Psychology and Mental Health Forums under the auspices of Department of Psychology, faculty of Social Sciences has planned to organize an International conference at International Islamic University Islamabad (IIUI). The purpose of this event is to provoke the intellectual and academic circle for the exploration of a profound understanding of mental health issues. Conference will focus on the consequences of violence and general psychiatric problems such as anxiety, depression, OCD, somatoform disorders, neurological disorders and addictions (which is a serious problem as well) prevailed in Pakistani society. The conference will also highlight the significant role of research in educational and academic institutions in the promotion of mental health nationally in line with the international organizations.

#### Call for Papers

It is well elucidated for valued readers that International Conference on Mental Health is providing the opportunity for the interested researchers/clinicians to present their respective papers on a range of mental health issues in the conference. Clinicians, PhD scholars, academicians, researchers, postgraduate and undergraduate students, and those working in the Mental health field can present their papers in the two days International Conference, which is scheduled on 29<sup>th</sup> & 30<sup>th</sup> March 2012 at Islamabad.

#### **Areas of Interest:**

- Clinical Psychology/ Mental health
- Psychometric
- Learning disabilities
- Psychological Trauma
- Neuropsychological disorders and addiction
- Inter-Professional Education in the context of Mental Health

#### **Submission of Abstracts:**

Participants having aspiration to present papers at the conference should submit their abstracts (words 150-200) written in accordance with APA format along with their full contact details: name, professional title, occupation, postal and electronic addresses, and telephone/fax numbers. Last date for submission of Abstracts is 12<sup>th</sup> February 2012 and after due date the submission will not be entertained.

Authors of the selected abstracts will be informed after the scrutiny of the scientific committee accordingly and they will be asked to submit their full papers. The abstracts should be sent in Microsoft Word 97-2007 compatibility packs, to the following email addresses:

Dr. Uzma Masroor (In charge Scientific committee) uzma.masroor@iiu.edu.pk  
Mr. Inayat Shah, inayat.shah@live.com

**Note: All presented papers will be published in the conference proceeding and it will be indexed internationally.**

#### Conference secretariat

#### **Patron in Chief**

Prof. Fateh Muhammad Malik, Rector IIUI

#### **Patrons**

Prof. Mumtaz Ahmed, President IIUI

Professor Dr. Sahibzada Sajid ur Rehman, Vice President IIU

#### **Chief Organizer**

Dr. Nabi Bux Jumani, Dean Faculty of Social Sciences

#### **Principal Organizer**

Dr. Muhammad Tahir Khalily

dr.khalily@iiu.edu.pk  
+92-51-9019790, +92-347-5710446

#### **Conference Secretary**

Ms. Nazia Iqbal  
nazia.iqbal@iiu.edu.pk  
+92-51-9019887

#### **Coordinators**

Mr. Shamsheer Hayat  
Sardarkhan20@gmail.com  
+92-51-9019790, +92-346-5455115

MS. Hafsa Kousar  
hafsa\_arif@live.com

#### **Registration Committee**

1. Dr. Seema Gul (In charge) seema.gul@iiu.edu.pk
2. Dr. Kehkashah Urooj
3. Mr. Zeeshan Iltaf
4. Ms. Ghazala Fazal Dad
5. Mr. Junaid Kiani
6. Ms. Mussarat Jabeen Khan

#### VENUE

**IIUI Old Campus, Faisal Mosque, Islamabad**

**Last Date for Registration is 15<sup>th</sup> March 2012**